

**HON'BLE GOVERNOR OF TAMIL NADU THIRU R.N.RAVI
PARTICIPATED IN YOGUTSAV/TIMELESS WISDOM,
COMMEMORATION OF THE LAUNCH OF TWO
BOOKS FROM HEARTFULNESS INSTITUTE,
AT BABUJI MEMORIAL ASHRAM, CHENNAI,
ON 29.01.2022**

The Hon'ble Governor of Tamil Nadu, Thiru R.N.Ravi participated in the Yogutsav/Timeless Wisdom, received the book "The Authentic Yoga" by P.Y. Deshpande and "Tales from the Vedas and Upanishads" Retold by Daaji Kamlesh Patel and addressed the gathering at the function organised by Heartfulness Institute, Babuji Memorial Ashram, Chennai today (29.01.2022).

The Hon'ble Governor hailed the services and contributions of Thiru.Pujya Daaji, rendered to the humanity by facilitating these valuable books for the benefit of the Society. Hon'ble Governor recalled the ancient wisdom of our sages and rishis who discovered the organic unity of creation and universal brotherhood and also found ways for common folk to appreciate their Unity. He added that Yogashutra of Rishi Patanjali in our such way accessible to the common man. In physical dimension, Yoga is a recipe for physical well being and in spiritual domain it is evolution to the higher order of self connecting with the Universal self (Vasudhaiva Kutumbkam – World is a Family).

Yoga also teaches us ways of harmonious living with the nature and is against reckless exploitations of natural resources leading to climate imbalance. In a strife torn world replete with weapons of mass destruction and conflicting ideologies, Yoga is far more relevant today than ever before.

He also added that Yoga is a precious gift of Bharat to the World. He urged the youth to practice Yoga for their physical, intellectual and emotional well-being which are necessary because they have the sacred responsibility of making Bharat Atmanirbhar and world leader by 2047.

Hon'ble Governor hailed the authors of the two books released today - "The Authentic Yoga" and "Tales from the Vedas and Upanishads". These books are written in lucid language intelligible to the common reader. While 'The Authentic Yoga' explains Rishi Patanjali's Yogsutra in simple language, The "Tales from the Vedas and Upanishads" is thought provoking for children. Transmission of knowledge through story telling had been the part of Bharath's traditional knowledge system.

On this occasion, Thiru.Prashanth Vasu, working committee member of SRCM, Author & Ex-partner in Mcinsey ,Dr.Veronique Nicolai, Director, Heartfulness Yoga Institute and distinguished invitees, educationists, Yoga enthusiasts and officials were present.

Raj Bhavan, Chennai – 22

Sd/-

Date : 29.01.2022

Addl. Director (PR)